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NEWSLETTER 1/23

Dear Friends

The only way to make sense out of change is to plunge into it, move with it and enjoy the dance – Allan Watts.

And so, it is with great sadness, excitement, trepidation and joy that the time has arrived for me to plunge into the unknown of a new venture and for my successor, Sive Vaaltein to jump into the role of Director.

I have been a part of Seven Passes for eight years and I have experienced all the wonderful and sad moments. It has made me a better person and taught me a lot.

I am moving on to the position of Director of SAPPIN, the South African Parenting Programme Implementers Network. For more information, please subscribe to our newsletter or look at our website: www.SAPPIN.org

I will stay involved with Seven Passes Initiative as board member, mentor and fundraising support for Sive until she finds her feet. Sive is vibrant, energetic, has amazing ideas and we immediately liked her sense of humor and enthusiasm for life. What stood out is her passion for people and her way of connecting with them. We know she will lead the organization with care and kindness. We are looking forward to the next phase of the organization.



Sive Vaaltein



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From 1 September 2023 you can contact Sive on – <u>sive@sevenpasses.org.za</u> and Wilmi on – wilmi@sappin.org.za

In other Seven Passes news:

Two new board members have joined our ranks: Mel Groves and Audrey Kritzinger.
 We are excited about the knowledge, skills and kindness that they bring to the organization.



Moreece Ruiters, our high school facilitator delivered the Sport Programme for the
first time with the high school learners. The Sport Programme was designed in
collaboration with students of The New School in New York. Savannah, one of the
students is doing her Masters on the programme.
The roll-out presented many challenges but was successful overall. Ten learners

completed the programme and participated in the 5K run that took place on the 16th of June. Other community and family members also took part in the 5K run and walk.



Primary and high school learners participated in the annual Arts Festival. The
organization offered dancing and drumming items. The spectators enjoyed the items
very much.



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We want to thank Carole and the Wilderness Arts Association for making this yearly fundraiser possible.



- The mentors and facilitators have one-on-one sessions every week where they
 discuss challenges, successes, build relationship and trust and focus on the 8
 principles identified by the Afterschool, Education and Life skills Programme. This is a
 wonderful tool to improve relationships and the quality of the work of the
 facilitators.
- Linda and Shila were certified as facilitators earlier this month in the Sinovuyo 2-9 and our Sinovuyo Teens programmes. We are so proud of them as well as excited for them because now the journey of becoming coaches, starts.
- In April our first roll-out of the Prente-Pret / Booksharing programme concluded successfully in Thembalethu. The parents who participated learned a lot from the programme.



 The Parenting and Family Support Programme designed a programme for the high school learners to support them with improved relationships, emotional- and selfcare, sex, sexuality and bullying. The programme was a huge success and the second roll-out will start in the beginning of September.



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 Denzel and Carmen have started with two more roll-outs of the Free to Grow programme at Tikketai. They are reporting that the participants are making changes to their lives as a result of the programme.



• Nosihle Mpeyake was employed as ECD teacher at the Sinombulelo ECD Centre in March 2023. She is adjusting really well and enjoys teaching the children in her class.





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 We celebrated our first birthday at Sinombulelo in May this year. We are indeed grateful for a wonderful year where children felt safe and happy and as a bonus, learned a lot in three different languages.



Staff and Facilitators successfully completed First Aid and Health and Safety training.



HELP NEEDED

- We need individuals and businesses who can sponsor a child or two. The monthly contribution is R180 and it supports one child to attend our aftercare
- We have started with our Santa Shoebox project for Christmas and hope individuals and businesses will contribute gifts for the approximately 250 children who access our services regularly. One can also contribute with financial support for boxes and gifts – please phone Shuntel Oelf - 0763251440 for more information



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 We will have our annual golf day on Thursday 2 November at 12:30 at the George Golf Club – for more information on how to play or become involved, please phone Roslynn – 076 325 1440

FINALLY Thank you all for being involved and for caring. I have been privileged to experience an enormous amount of kindness, support, community and love during the time that I have been involved with Seven Passes Initiative. I will always treasure it.

Wilmi